

## COFFEE & TEA

<b>Regular/Large</b>	<b>\$4/\$5</b>
Extra Shot, Decaf	50c
Soy, Almond or Oat Milk	50c
<b>Sticky Prana Chai</b>	<b>\$5</b>
<b>Tumeric Latte</b>	<b>\$5</b>
<b>Iced Latte/Iced Long Black</b>	<b>\$5</b>
<b>Iced Chai</b>	<b>\$6</b>
<b>Iced Coffee/Iced Mocha</b>	<b>\$7.50</b>
<b>Assorted Teas</b>	<b>\$4.50</b>

## SMOOTHIES

<b>Popeye</b>	<b>\$8.50</b>
Banana, Baby Spinach, Strawberry, Avocado, Coconut Water, Lemon	
<b>Classic Banana</b>	<b>\$8.50</b>
Vanilla Ice Cream, Two Bananas, Honey & Milk	
<b>Berry Delicious</b>	<b>\$8.50</b>
Strawberry Sorbet, Mixed Berries, Honey & Milk	
<b>Mango</b>	<b>\$8.50</b>
Mango Sorbet, Frozen Mango Chunks, Honey & Milk	
<b>Extras</b>	<b>\$1</b>
Almond, Soy or Oat Milk	

## FRAPPES (DF)

<b>Mango</b>	<b>\$8.50</b>
Mango Sorbet, Frozen Mango Chunks and Apple Juice	
<b>Mixed Berry</b>	<b>\$8.50</b>
Strawberry Sorbet, Frozen Berries and Apple Juice	
<b>Acai</b>	<b>\$9.50</b>
Amazon Original Acai, Banana and Coconut Water	

## MILKSHAKES

<b>Vanilla</b>	<b>\$6.50</b>
<b>Chocolate</b>	
<b>Strawberry</b>	
<b>Caramel</b>	

## THICKSHAKES

<b>Snickerdoodle</b>	<b>\$10</b>
Snicker thick shake topped with whipped cream, caramel & snicker	
<b>Cookie Monster</b>	<b>\$10</b>
Orea thick shake topped with whipped cream, chocolate & oreos	

## COLD DRINKS

<b>Noah Juices</b>	<b>\$5</b>
<b>Coke Cans</b>	<b>\$4</b>
<b>Ginger Beer / Ice Teas</b>	<b>\$5</b>

EST 2021  
**BLACK**  
**HONEY**

## ALL DAY

### Toast \$7

Rye Sourdough, Turkish or Gluten Free with a choice of Jams, Peanut Butter or Vegemite

### Fruit Toast \$8

Served with a choice of Butter or Jams

### Bacon & Egg Roll \$10

Two rashers of Bacon with an Egg on a Milk Bun. Served with a choice of BBQ, Tomato, Aioli or Spicy Mayo

### Seasonal Avocado \$10

Sonoma Miche Sourdough Topped with Chunky Smashed Avo & a Lemon Wedge  
*Add Bacon \$4.50, Egg \$3 or Fetta \$3*

### Eggs Your Way \$12

Poached or Fried. Scrambled +\$1.50  
*See Sides for additional items.*

### Haloumi Burger \$13

Grilled Haloumi, Egg, Tomato, Avo, Spinach & Aioli

## SIDES

### Bacon / Haloumi \$4.50

### Mushroom / Avocado \$4

### Hashbrown / Egg \$3

### Fetta \$3

### Toasted Muesli \$15

Served with Seasonal Fruits & Coconut Yoghurt

### Italian Scrambled Eggs \$18

Prosciutto, Diced Tomatoes, Basil. Served On Ciabatta with Hollandaise Sauce

### Brekky Wrap \$14

Fried Eggs, Bacon, Avocado, Cheese & Spinach. Served with a choice of BBQ, Tomato, Aioli or Spicy Mayo.

### Breakfast Stack \$18

Sonoma Miche Sourdough with Haloumi, Sliced Avocado, Poached Egg, Topped With Goats Fetta & Roquette

### Breakfast Platter \$23

Eggs Your Way, Bacon, Avocado. Mushrooms, Roast Tomatoes, Mini Hash Browns, Wilted Spinach with Sourdough

## ACAI BOWLS

### Original \$15

Strawberries, Kiwi, Banana & Granola

## SALADS

### Grilled Chicken, Avo & Pesto \$18

Chicken Breast, Pesto, Cucumber, Tomatoes, Fetta, Avo & Mixed Leaves with Balsamic Vinaigrette

### Pumpkin, Haloumi & Pinenut \$18

Roasted Pumpkin, Grilled Haloumi, Mixed Leaves, Heirloom Tomatoes, Spinach, Cucumber, Fetta & Balsamic Vinaigrette

## SANDWICHES & WRAPS

### Chicken, Walnut & Celery \$13

Poached Chicken Breast, Avo, Walnuts, Celery, Spinach & Special Sauce on Soy Rye Sourdough or Wrap

### Ham, Cheese & Tomato \$13

Sliced Ham Leg, Tasty Cheese, Tomatoes, Relish & Caramelized Onion on Ciabatta Roll or Wrap

### B.L.A.T (Best Seller) \$13

Bacon, Oak Lettuce, Avo & Tomato on Turkish Bread or Wrap

### Chicken Club \$15

Poached Chicken Breast, Avo, Bacon, Lettuce & Tomato on Bread or Wrap

## SWEETS

### House Baked Muffin \$5.50

### Banana Bread \$6

### Pear & Raspberry Bread (GF) \$6

See Our Display for More Delicious Options

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HONEY**

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**VISUAL MENU**

Scan me for mouthwatering photos and to view our visual menu online



Gluten Free options available. Please speak to our friendly team.  
10% Public Holiday Surcharge